



FAMILY LAW  
AND PARENTAL  
SUPPORT AUTHORITY

# Confirm your parenthood digitally

**Since January 1, 2022, it has been possible to confirm parenthood through a digital e-service.**

The service is intended for unmarried parents who are registered residents of Sweden and have recently had a child. The confirmation can be completed easily via computer or mobile device within 14 days of the child's birth. It is also possible to register joint custody through the same e-service.

**For more information** about how the process works and the conditions that must be met to use the service, please visit the Swedish Authority for Family Law and Parental Support (MFoF): **[www.mfof.se/digitally](https://www.mfof.se/digitally)**

