

Relationships are not always easy. Talking can make a difference.

The municipality's family counselling service is available to anyone seeking support in their relationships. We help couples and families resolve problems and conflicts, in both current and former relationships. Family counselling can also offer support during separations.

Everyone is welcome, regardless of gender, age, sexual orientation, gender identity, ethnicity, religion or disability. You can take part anonymously, and anything you say is strictly confidential.

To book a session, contact the municipality's family counselling service.