



Obligatory information meetings

Brief information for parents about the law on obligatory information meetings
in the event of conflicts over custody, residence and access



FAMILY LAW
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A meeting for the sake of the child

Separation is rarely easy, especially when there are children involved.

In order to strengthen the child rights perspective in the custody process, the Government has decided to introduce a law on information meetings as of 1 January 2022. This means that parents who are considering going to court with their dispute will first be informed about the help and support available outside of court.

The law has been introduced with the best interests of the child in mind, and with the hope that in many cases the information meeting will help parents avoid going to court.

You can read more about the information meeting on the following pages. It takes no more than five minutes to read, and can increase your chances of finding the least taxing way forward.



Sometimes discussions about custody, residence and access can lead to deadlocks and conflicts, where the children could get caught in the middle – even though that is the last thing a parent wants...



Information meeting in brief

What does the new law mean for us as parents?



The Act on Information Meetings (Lagen om informationssamtal) was introduced on 1 January 2022, but, as of 1 March 2022, any parent who wishes to initiate court proceedings regarding a dispute must have first taken part in an information meeting.

The municipality is responsible for such meetings, which are free of charge for the parents.

Information meetings should be held at the earliest opportunity, and within four weeks of them being requested.

The preference is for the meeting to be held jointly with the parents. Individual meetings may be held if special circumstances exist (e.g. if violence or other forms of abuse are suspected). You will also be offered individual meetings if either of you so requests.



Isn't there a risk that this will prolong our conflict even further?



The aim of the meeting is to inform you, as parents, about the possibilities for finding consensual solutions in matters of custody, residence and access. The hope is to avoid the conflict ending up in court.

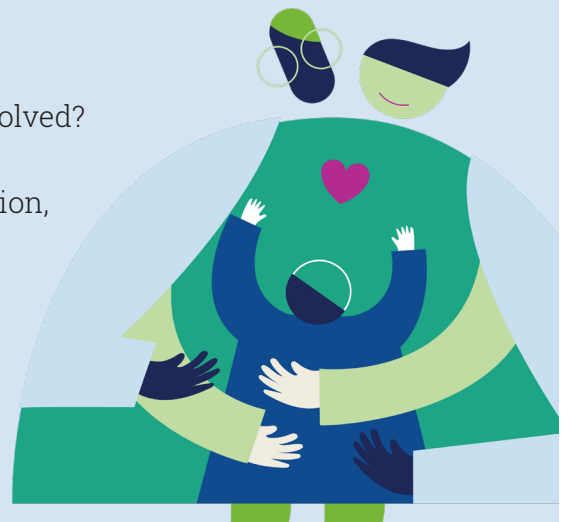
If the parents reach an agreement, it usually results in a calmer and more secure situation for the child. A consensual solution is also more sustainable, as the parents work together to make sure that custody, residence and access work.

What is the aim of the information meeting?



Questions that will be answered during the information meeting:

- ⌘ What help can we get to find a consensual solution and thus avoid court proceedings?
- ⌘ If we reach an agreement, how can we document this so that there are no misunderstandings in the future?
- ⌘ What happens if we do not reach an agreement?
- ⌘ What can I do if there are threats or abuse in the relationship?
- ⌘ What are co-parenting meetings, and what is the difference between them and family counselling?
- ⌘ How can parental conflict and court proceedings affect the child?
- ⌘ What can court proceedings achieve?
- ⌘ If we still want to go to court, how do we go about it?
- ⌘ How long does the court process take?
- ⌘ Who can help me with the court hearing?
- ⌘ Is it possible to get financial aid for court costs?
- ⌘ What is an interim order?
- ⌘ What kind of investigations might be involved?
- ⌘ If I am not satisfied with the court's decision, what are the possibilities for appeal?





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For more information:
www.mfof.se/informationssamtal